

**AMENDMENTS TO THE CLAIMS**

This listing of claims will replace all prior versions, and listings, of claims in the application. Please amend claims 15, 16, 17, and 18, and add new claim 32 as follows:

**Listing of Claims**

Claims 1-14 (Canceled)

15. (Currently Amended) An interactive computer-related stress relief device configured to be mounted on a desktop computer monitor of a computer system to relieve computer-related stress of ~~the-a~~ computer operator, the device comprising:

a substantially rigid support having a first end and a second end, with the first end connectable with a desktop computer monitor; and

a contact element connected at or near the second end of the support,

wherein the contact element is a punching bag and includes a sound-producing device inside the punching bag such that a pre-recorded sound is emitted when the punching bag is struck.

16. (Currently Amended) An interactive computer-related stress relief device configured to be mounted on a desktop computer monitor of a computer system to relieve computer-related stress of ~~the-a~~ computer operator, the device comprising:

a support having a first end and a second end, wherein the first end is connectable with a desktop computer monitor; and

a contact element movably connected at or near the second end of the support,

wherein the contact element is a punching bag, and

wherein the support is configured to maintain the punching bag at a spaced position from the monitor.

17. (Currently Amended) An interactive computer-related stress relief device configured to be mounted on a desktop computer monitor of a computer system to relieve computer-related stress of ~~the-a~~ computer operator, the device comprising:

a support connectable with the desktop computer monitor; and

a contact element connected to the support,

wherein the support is an elongated, rigid member having at least one connector configured to engage at least one engagement element on the computer ~~component~~monitor, wherein the contact element is a punching bag and is movably connected to the support at a position spaced from the connector, and wherein the contact element includes a sound-producing device.

18. (Currently Amended) An interactive computer-related stress relief device configured to be mounted on a desktop computer monitor of a computer system to relieve computer-related stress of ~~the-a~~ computer operator, the device comprising:

a support having a first end and a second end, with the first end connectable with a desktop computer monitor; and

a contact element connected at or near the second end of the support,

wherein the contact element is a punching bag and includes display indicia selected from the group consisting of advertising logos, promotional logos, slogans, company names, service provider names, sports team logos, and sports team names.

19-23 (Canceled)

24. (Previously Presented) The device as claimed in claim 15, wherein the contact element includes indicia selected from the group consisting of advertising logos, promotional logos, slogans, company names, service provider names, sports team logos, and sports team names.

25. (Previously Presented) The device as claimed in claim 15, wherein the punching bag is movably connected to the support.

26. (Previously Presented) The device as claimed in claim 15, wherein the support is an elongated, plastic member.

27. (Previously Presented) The device as claimed in claim 16, wherein the contact element includes indicia selected from the group consisting of advertising logos,

promotional logos, slogans, company names, service provider names, sports team logos, and sports team names.

28. (Previously Presented) The device as claimed in claim 16, wherein the punching bag depends from the support.

29. (Previously Presented) The device as claimed in claim 17, wherein the contact element includes indicia selected from the group consisting of advertising logos, promotional logos, slogans, company names, service provider names, sports team logos, and sports team names.

30. (Previously Presented) The device as claimed in claim 18, wherein the punching bag depends from the support.

31. (Previously Presented) The device as claimed in claim 18, wherein the punching bag is movably connected to the support.

32. (New) A method of relieving computer-related stress caused by the operation of a personal computer system, comprising:

connecting a stress relief device to a personal computer monitor, the stress relief device comprising a substantially rigid support having a first end connectable with the computer monitor and a second end having a punching bag connected thereto; and

contacting the punching bag to relieve stress caused by operation of the personal computer system.